

Horse in a Round



Focus on:

- Relational Issues
- Stress
- PTSD
- Transition
- Bonding & Attachment
- Separation & Reunification



**Please call
(520) 622-3933
to schedule your individual or
group session**

www.sageequine.org

Thousands of military service members are returning home to civilian life. Many communities are not equipped to respond appropriately to their unique needs, nor are they aware of how to best work with military and veterans systems in the process.

Easter Seals' Military and Veterans Initiative responds to this call for action. As the largest provider of disability-related services to individuals with disabilities and their families, Easter Seals is positioned to offer military personnel and veterans viable options to support and augment current reintegration efforts.

War affects everyone—not just the service member, but the spouse and children as well. The “horse in the round” group provides a supportive environment to empower military personnel and their spouses to cope with relational and other issues that surround a soldier's return home.

Easter Seals Blake Foundation has been providing support and services to Southern Arizona for over 50 years. Please visit www.blakefoundation.easterseals.com for additional information.

About the Presenters:

Jean Millen

Jean is the Director of the Adult services division of Easter Seals Blake Foundation. She is currently completing her Masters in Counseling Psychology with a concentration on Equine Assisted Mental Health at Prescott college

Teresa Kolodny

Teresa is a doctoral candidate of Philosophy from the University of Arizona and is a licensed Professional Counselor and Substance Abuse Counselor with her own private practice.